# MEMO\*PLUS

# **FREQUENTLY ASKED QUESTIONS**



#### **HOW DOES MEMO PLUS GOLD WORK?**

**MEMO PLUS GOLD** enhances the brain's cholinergic neurotransmitter system. This helps improve the efficiency of nerve impulse transmission by strengthening the neuron's synaptic activity. Bacopa monniera boosts the protein kinase activity while increasing the protein and serotonin levels in the hippocampus—the area in your brain associated with memory formation.

## HOW DO I KNOW THE PRODUCT IS WORKING AND HOW LONG DOES IT TAKE TO NOTICE A DIFFERENCE?

**MEMO PLUS GOLD** should be taken for at least a period of 12 weeks at 2 capsules a day to have a significant effect. After 12 weeks, one can expect enhanced memory, improved learning pace, reduced anxiety & stress, and improved general well-being. Continuous daily usage is recommended after 12 weeks to guarantee its health benefit.

#### WHAT ARE THE FORMULATIONS?

**Brahmi+T** contains herbs which can aid in calming nerves, improve stress adaptation, and help reduce effects of mild anxiety and nervous tension. These active herbal components provide endurance and stamina. Brahmi+T helps in providing the correct blend of nutrients and herbs that will protect you against harmful free radical damage. It can also protect and maintain the health of capillaries, thereby assisting peripheral circulation.

#### WHAT ARE THE OTHER HEALTH BENEFITS OF BRAHMI?

The potential healing benefits of Brahmi extend beyond the brain. Traditional Ayurvedic practitioners utilized the herb for a number of conditions and usages: (1) blood cleanser, (2) treatment for fever, inflammations, joint pain and skin problems such as eczema, psoriasis and ulcers, (3) stimulate hair, skin and nail growth, (4) treatment for irritable bowel syndrome (IBS).

## IS IT SAFE TO TAKE HERBAL REMEDIES ALONG WITH OTHER PRESCRIPTION?

Yes, Brahmi possesses no known side effects or toxicity with normal doses. **MEMO PLUS GOLD** is safe to take together with any medicine, vitamins and/or other supplements.

# WHAT IS THE RECOMMENDED DOSAGE AND USAGE OF MEMO PLUS GOLD?

For best results, we recommend taking one (1) capsule after meals, twice a day. For students taking their finals or board exams: take the recommended dosage for the duration of the entire school year or during the review period. For children 7 to 14 years old: one (1) capsule after breakfast. For children who have difficulty taking capsules: open the capsule and mix the content to a teaspoon of honey or multivitamin syrup, or into a glass of milk or a juice drink.

#### WHERE CAN I BUY MEMO PLUS GOLD?

**MEMO PLUS GOLD** is available at Mercury Drug and other leading drugstores nationwide. **MEMO PLUS GOLD** is also available online through Shopee and Lazada.





